



Crazy 88 _____
SUMMER
_____ Camp



We are very excited you will be joining us this summer!



My name is Vannessa Griffin and I am the Summer Camp Director here at Crazy 88 in Elkridge. I have been coaching kids Brazilian Jiu Jitsu since September of 2013. I have been running the kids program here at Crazy 88 Mixed Martial Arts since July 2016. I have had the privilege to coach kids from day 1 and make them into international champions. I myself am an international competitor and have won three world titles at various belts and styles. I received my black belt in June of 2020 and took 3rd at the World Championships in 2023. I have been running successful summer camps since 2017. Kids of all ages have enjoyed the camp, a few of have said it was the best summer camp they have ever attended. When working with other camps in the past I noticed there was a lot of “free time” which lead to chaos and boredom. I vowed to run a summer camp that was the complete opposite.



Coach Daniel Mahoney (middle) will be the Camp Director at the Owings Mills Location. They have completed two consecutive years of successful Summer Camps. With 28 years of diverse martial arts training, Coach Mahoney brings a wealth of experience to the table. He holds a Purple Belt in Brazilian Jiu-Jitsu and has a professional Mixed Martial Arts fighting background. Coach Mahoney has been coaching kids martial arts for 20 years. As Head of the Owing Mills Kids Program and Safe Sport certified, he excels at nurturing young athletes and promoting a positive training environment.



Coach Christian Thomas (bottom) is a super student of Brazilian Jiu Jitsu. He began training 6 years ago and began coaching with us 3 years ago. He has worked in the Crazy 88 Summer Camps for two years and will be diving into his second year running the Severna Park Summer Camp.

We all prioritize fun in a safe, engaging environment and ensure that the kids leave the camp happier than when they came in. If you are looking for a fun, productive camp for your child to join, **you’ve come to the right place!**



Daily Backpack Checklist

Sometimes we have to change our plans for the day based on weather or attendance, so please pack your children with everything everyday so they are prepared for a fun filled day!

- | | |
|---------------------|-------------------------------------|
| - Gi and Belt | - Towel |
| - Morning Snack | - Flip Flops/Crocs |
| - Afternoon Snack | - Sneakers and Socks |
| - Brown Bag Lunch | - Sunscreen |
| - Change of Clothes | - Water Bottle |
| - Bathing Suit | - Plastic Bag for Wet/Dirty Clothes |

Example Schedule

	8am to 9am	9am to 11am	11am to 1pm	1pm to 2pm	2pm to 3pm	3pm to 4pm	4pm to 5pm
Monday Wednesday	Drop Off Electronics Breakfast	Backyard Time Water Activities and Other Outside Games	Lunch, Legos, Card Games, and Board Games	Martial Arts Class	Academics	Mat Games	Pick Up and Afternoon Snack
Tuesday Thursday	Drop Off Electronics Breakfast	Field Trip to Library or Playground	Lunch, Mat Games and Bounce Houses	Martial Arts Class	Academics	Arts and Crafts/STEM Activity	Pick Up and Afternoon Snack
Friday	Drop Off Electronics Breakfast	Mat Games and Bounce Houses	Lunch and Video Game Break	Martial Arts Class	Fort Building and Movies	Mat Games	Pick Up and Afternoon Snack

6 Benefits of Martial Arts

Self-Defense: Zero-tolerance policies don't stop bullying, they only address it after it happens. At Crazy 88 Camp, kids learn practical self-defense skills each afternoon to stay safe and confident.

Build Confidence: Through hard work and new challenges, kids learn to believe in themselves and stand up for others while staying respectful and kind.

Exercise & Movement: Brazilian Jiu Jitsu builds both body and mind. Each afternoon class blends strength, coordination, agility, and cardio for a high-energy, engaging session.

Individual Growth: Unlike team sports, martial arts puts each child in charge of their own progress while still fostering teamwork and community.

Discipline & Respect: Our structured classes teach focus, accountability, and respect. Coaches set clear expectations and guide kids to take responsibility for their actions.

Focus & Concentration: Crazy 88 coaches help children sharpen attention, follow instructions, and refocus when distracted. These skills will carry into the classroom for better learning and grades.



Competition Team Program

We will have a program for children who actively compete. The Competition Team portion of the day will take place in the afternoons beginning at 1pm. It will include class, workouts, film study, and extra drilling.

Competitors are encouraged to do the full day camp to be a part of the fun activities and field trips in the morning. Competitors are also encouraged to stay for evening classes.

The minimum required rank for this program is gray and white belt based on the curriculum and class structure.

The afternoon martial arts class will be split into beginners and competitors. The competitors will then continue their extra training afterwards.



Frequently Asked Questions

Who can attend Crazy 88 Summer Camp? Our camp is designed for children aged 6–13, and we welcome both Crazy 88 members and non-members.

When does camp run?

- Elkridge & Owings Mills: 9 Weeks from June 22nd to August 21st
- Severna Park: 5 Weeks from July 6th to August 7th

How do I register my child? Either reach out to one of the Camp Directors on the next page or visit crazy88mma.com/summer-camp for the link. You'll be asked to read through all materials and complete the required forms before your child's first day.

What should I pack for lunch and snacks? Please send non-perishable items or use a thermos for warm foods. We recommend a full lunch and two separate snacks. We do not provide refrigeration or microwaves, and all food must be nut-free.

Are martial arts classes required? Yes. We ask that every camper participate in at least one martial arts class during the week. If a child chooses not to continue training, they may sit and watch—but must remain in the training room with the rest of the group.

Do I need to purchase a gi (uniform)? Yes. A Crazy 88 uniform (gi) is required for participation in martial arts classes. Gi's are sold at each facility and must be purchased before the first day of camp. Please note that counselors cannot sell gis during the camp day, so we recommend visiting ahead of time to ensure your child is ready.

What kinds of field trips do the campers take? We frequent local playgrounds, parks, and libraries. During bad weather, we stay indoors and do laser tag/nerf wars and bounce houses.

Contact Us



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