

## Welcome to the Crazy 88 Summer Camp!

## Dear Parents,

We are very excited your child will be joining us this year for camp! Here are a few critical details you need to know before sending your child to camp.

**Food Policy** - For safety reasons, we would ask that you refrain from sending your child with food products containing nuts. We recommend using alternatives like Sun Butter, Wow Butter, Cookie Butter, Fluff, or anything else your child would enjoy!

We do not allow use of the refrigerator or microwave. Please send your child with a non-perishable lunch, ice packs, and/or thermoses to keep their food warm. If you add hot water to your child's thermos for a few minutes before adding warm food, it will keep the food warmer for longer!

Please send your child with more food than they would need for the day. Sometimes the children drop their food on the ground and we are a very high activity camp, they are going to need their calories! We give time for a morning snack, lunch, and an afternoon snack to avoid cranky campers. For safety reasons, we are not permitted to distribute food to the children so please pack them with plenty to eat!

We also ask that you send the children with food in packages and containers they are able to open themselves. While the coaches are more than happy to help children open their food, it can become overwhelming during lunch time for the coaches to have to open many different things for many different children.

We do have a vending machine with snacks and beverages at the facility so you will be permitted to send them with a few extra dollars for snack to supplement their lunch. No bills larger than a \$5 please. Also remember that sometimes the vending machine malfunctions and there have been days the kids couldn't get what they wanted from it.

**Sunscreen Policy** - We would prefer the children pack their own sunscreen that is guaranteed to be safe for their skin. We would prefer spray sunscreen so the coaches can assist the children in application of sunscreen. While we will do checks and apply sunscreen every two hours we are outside, we ask that you send the children to camp with sunscreen already applied as well on beach and park days. It makes our Field Trip procedure much easier and smoother for the coaches.

**Equipment Policy** - I cannot stress the importance of packing your child with everything on our daily backpack checklist, which can be found on page 3 of the Information Packet. Sometimes we have to switch things up based on weather and/or attendance. So it's crucial the children come to camp prepared for anything! If your child does not have a gi, they can purchase one at the facility before the camp begins. We ask that you have your child's gi before the start of camp as coaches are not authorized to sell gear to the campers.

Thank you so much for reading this letter and please reach out to me if you have any questions or concerns.

Best Regards,

**Coach Vannessa Griffin**