



Crazy 88 MMA | Summer Camp Information

Monday, June 19th to Friday, August 25th



Letter to the Parents

**I'm very excited you will be joining
us for summer camp this year!**

My name is Vannesa Griffin and I am the summer camp director here at Crazy 88. I have been coaching kids Brazilian Jiu Jitsu since September of 2013. I have been running the kids program here at Crazy 88 Mixed Martial Arts since July 2016. I have had the privilege to coach kids from day 1 and make them into international champions. I myself am an international competitor and have won three world titles at various belts and styles. I received my black belt in June of 2020.

I have been running successful summer camps since 2017. Kids of all ages have enjoyed the camp, a few of have said it was the best summer camp they have ever attended. When working with other camps in the past I noticed there was a lot of "free time" which lead to choas and boredom. I vowed to run a summer camp that was the complete opposite. Our summer camp kids are well behaved because we are constantly providing them with activitites.

I prioritize fun in a safe, engaging environment and ensure that the kids leave the camp happier than when they came in. If you are looking for a fun, productive camp for your child to join, ***you've come to the right place!***

A young boy with short dark hair, wearing a red t-shirt with a circular logo, is crouching on a green artificial turf field. He is holding a large, blue, inflatable object that looks like a water balloon or a small inflatable animal. In the background, another person is standing, and various sports equipment like balls and cones are scattered on the field. The scene is outdoors with a white fence in the background.

Activities We Offer

Mat Games | Sprout Tag, Sharks and Minnows, Dodgeball, Capture the Flag, Laser Tag + Inflatables, Castle Tag, Tic-Tac-Toe, and Four Square.

Card Games | Exploding Kittens, Uno, Speed, Spoons, Taco vs. Burrito, Throw Throw Burrito, and Fluxx (Multiple Versions).

Board Games | Chess, Checkers, Sorry, Monopoly, Connect 4, Battleship, Operation, Clue, Jenga, Dino Battle, Don't Break the Ice, Mouse Trap, and Galactique.

Building | Legos, Magnetic Tiles, Snap Circuits, Lincoln Logs, Train Tracks, and Fort Building Kits.

Arts & Crafts | Slime, Origami, Lava Lamps, Marshmallow Shooters, Spaghetti Towers, Sand Art, Nunchucks, Tie Dye, Homemade Ice Cream, and Oobleck.

Outdoors | Water Balloons, Lawn Darts, Slip n Slide, Water Guns, Yard Pong, Basketball, Lawn Bowling, Corn Hole, and Giant Jenga.

Academics | Scavenger Hunts (Puzzle Clues), Jeopardy, Brain Games, Summer Workbooks, Reading, Kahoot, Blooket, Logic Puzzles, and Jigsaw Puzzles.

Daily Backpack Checklist

- Gi and Belt
- Morning Snack
- Afternoon Snack
- Brown Bag Lunch
- Change of Clothes
- Bathing Suit
- Towel
- Flip Flops/Crocs
- Sneakers and Socks
- Sunscreen
- Water Bottle
- Plastic Bag for wet clothes

Sometimes we have to change our plans for the day based on weather or attendance, so please pack your children with everything everyday so they are prepared for a fun filled day!





Daily Sample Schedule

8am to 9am	Drop Off Kids can eat breakfast, play on electronics, and use any of the camp games and toys available.
9am to 10:30am	Martial Arts Class
10:30am to 11am	Morning Snack Time in the Backyard
11am to 1pm	Outdoor Games, Mat Games, Field Trip, or Slip n Slide and Water Balloons
1pm to 2pm	Lunch Time followed by a Scavenger Hunt
2pm to 3pm	Quiet Time Reading, Naps, Puzzles, and/or Art
3pm to 4pm	Afternoon Snack and Arts and Crafts or Mat Games
4pm to 5pm	Pick Up Kids get things ready to go home or go to class; electronics are allowed at this time.

Six Benefits of Martial Arts

Self Defense: While there are zero tolerance policies in place in Maryland public schools, that doesn't prevent children from being bullied, it only punishes the act after it happens. We need to ensure our children have the proper tools to defend themselves when we can't be there. Here at Crazy 88 camp, they will start the day learning how to defend themselves. Then we spend the rest of the day having fun!

Build Confidence: Nothing builds confidence like having to work hard and learn something new. We teach our kids to stand up to others and believe in themselves while remaining respectful to others.

Exercise: Brazilian Jiu Jitsu requires kids to use their muscles and their minds together to learn the art. Our kids do a lot of different mobility movements, coordination and agility drills, strength building exercises, and cardio all in the same class for a great way to start their morning.

Focus on Individual Growth: Team sports allow children to rely on the "star players." In martial arts, while there is a team atmosphere to learn teamwork, children are taught that they are responsible for their own growth and learn skills that will follow them throughout their lives.

Discipline: Martial arts fosters a culture of respect and discipline. All classes have a set structure that is easy for the children to follow. Crazy 88 coaches strictly enforce the rules and hold the children accountable for their actions. We strive to instill a strong self of self-discipline in all the children we teach.

Improve Focus and Concentration: Martial arts requires focus to improve. Crazy 88 coaches help children with their concentration skills by explaining things loud and clear and giving assistance as needed. When the children's focus begins to dwindle, the coaches work on redirecting their focus to get them back on track. We give them concentration skills that follow them into the classroom for improved grades.





Frequently Asked Questions

Who is allowed to attend the camp?

The camp is intended for children aged 6 to 13 and we accept both members and non-members of Crazy 88.

When does the camp begin and end?

We run for 10 weeks during the Howard County Public School System Summer Break with the only day off being Tuesday, July 4th.

Where is the camp being held?

The camp will be held at Crazy 88 Mixed Martial Arts Elkridge. The kids will travel locally for field trips but pick up and drop off will always be at Crazy 88.

How do I register my child?

The first step is to declare your weeks on the Weekly Reservation Form and pay the non-refundable registration fee. Before your child attends camp, the tuition must be paid in full and all the paperwork must be turned in. We require a notarized waiver and immunization records.

How should I pack my child's lunch?

We give time after martial arts class for a snack, then lunch around noon, and then another snack around 3pm. We do not allow refrigeration or use of the microwave. We recommend non-perishable food and/or thermoses to keep food warm. We also ask that you not send any products containing nuts.

What kinds of field trips do the campers take?

We are planning to go visit our local library, Shadowland Laser Tag, Get Air, Hyper Kidz, SkyZone, Crofton Go-Karts, Sandy Point State Park, and some other fun local spots!

Contact Us

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