

SEVERNA PARK SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM						Gi Jiu-Jitsu Mastery Ages 6-12 10:00-11:00	CLOSED
11:00 AM						Gi Jiu-Jitsu All Levels 11:00-12:00	
12:30 PM						Muay Thai Intro 12:30-1:30	
5:00 PM 5:15 PM	Tiny Ninjas Ages 3-5 5:00 - 5:30	Tiny Ninjas Ages 3-5 5:00 - 5:30	Tiny Ninjas Ages 3-5 5:00 - 5:30	Tiny Ninjas Ages 3-5 5:00 - 5:30	No-Gi Mastery Ages 6-12 5:00-6:00		
5:30 PM	Little Ninjas & Juniors Ages 6-12 5:30 - 6:15	Little Ninjas & Juniors Ages 6-12 5:30 - 6:15	Little Ninjas & Juniors Ages 6-12 5:30 - 6:15	Little Ninjas & Juniors Ages 6-12 5:30 - 6:15			
6:15 PM	Gi Jiu-Jitsu Mastery Ages 6-12 6:15-7:00	No-Gi Mastery Ages 6-12 6:15-7:00	Gi Jiu-Jitsu Mastery Ages 6-12 6:15-7:00	Gi Jiu-Jitsu Mastery Ages 6-12 6:15-7:00	No Gi Jiu-Jitsu All Levels 6:00-7:00		
7:00 PM	Muay Thai Intro 7:00-8:00	No Gi Jiu-Jitsu Intro 7:00-8:00	Muay Thai Intro 7:00-8:00	Gi Jiu-Jitsu Intro 7:00-8:00	Boxing Intro 7:00-8:00		
8:00 PM	Muay Thai Mastery Yellow Shirt + 8:00-9:00	Gi Jiu-Jitsu Mastery Phase Belt + 8:00-9:30	Muay Thai Mastery Yellow Shirt + 8:00-9:00	Gi Jiu-Jitsu Mastery Phase Belt + 8:00-9:30			